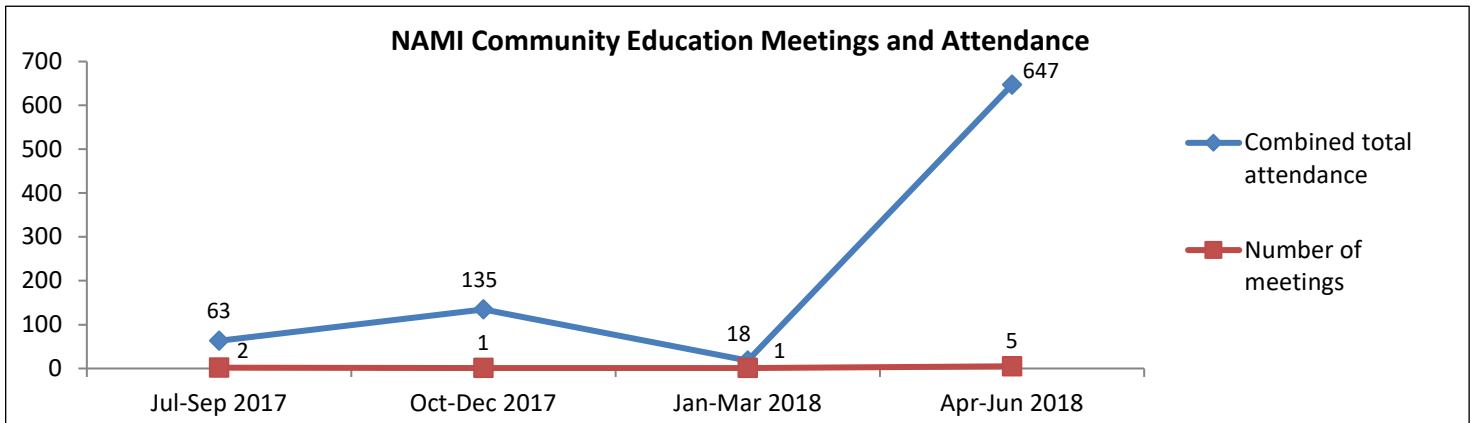


NAMI Summary Report

Jul 2017 through Jun 2018

Community Education

NAMI held 9 different community education meetings in the most recent 12 months tracked. An average of 96 people attended each meeting. The annual Minds Matter Mental Health Resource Fair was held in May 2018, with over 500 attendees reported. This accounts for the higher than usual numbers reported in the most recent quarter.



Program Offerings

NAMI Shasta County offered Family to Family, Family Support Group, and various community education activities this quarter including hosting a table at the annual Minds Matter Fair where they received exposure to hundreds of attendees.

This quarter, families of NAMI’s core volunteers faced difficult barriers including illness, mental health crises, and death. To cope with these challenges, NAMI prioritized their most important programs while slowing or putting other projects on hold including their website, membership drive, and a guideline for families who must call 911. Two people who signed up for Family to Family in Round Mountain stopped coming after the 4th class. NAMI is addressing these barriers by promoting self-care to get back on track and continues to work with the MHSA Academy to get volunteers.

Despite continuing family crises in many of their core volunteer families, successes included finishing their Family to Family Course, hosting a table at the Minds Matter Fair, and holding their Family Support Group twice a month. They successfully rewrote their contract with Shasta County MHSA, made progress on the NAMI re-affiliation processes which will be submitted to NAMI California by September 30, 2018 (due by December 30, 2018), local NAMI president Susan Power completed the MHSA academy in May, and two of NAMI’s members now meet the criteria for certified peer support specialists.

