

The Woodlands Permanent Supportive Housing

Fiscal Year 2017/18

“The Woodlands” is a 55-unit affordable housing project located on 9.1 acres at 2950 Polk Street in Redding, California. 19 of those units are reserved for applicants who have met the screening criteria, as defined by MHSA Permanent Supportive Housing Project eligibility, for being homeless or at risk of homelessness, and for having a serious mental illness. Applicants who have met the criteria are referred to as “clients.”

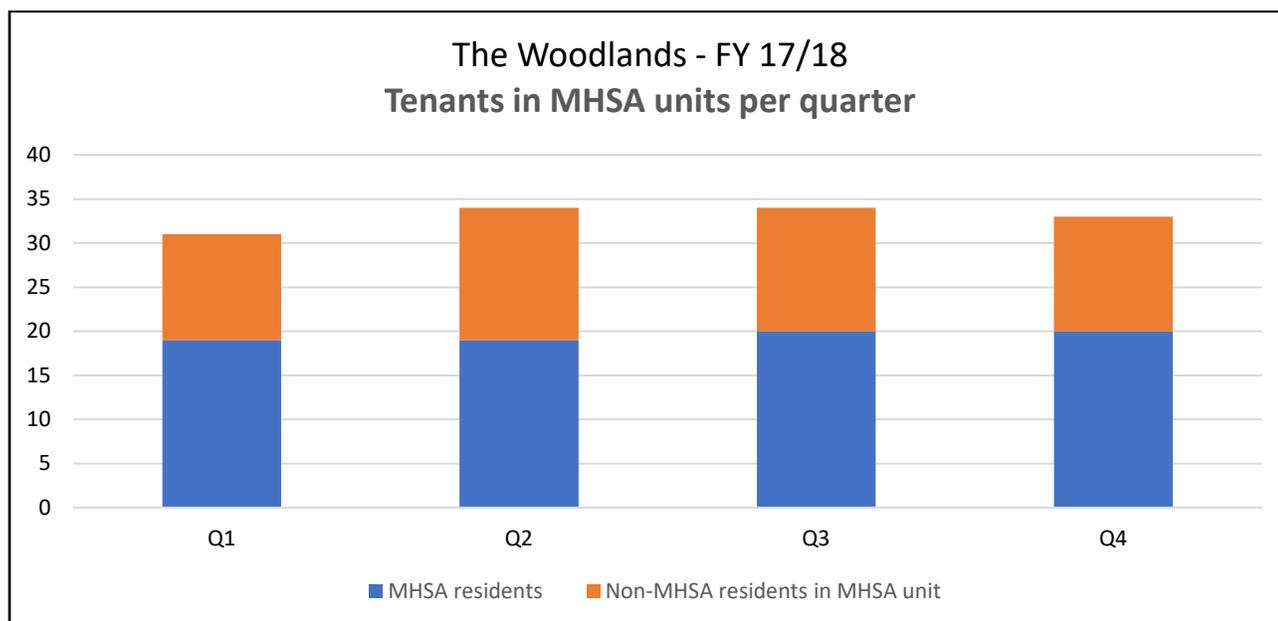
Of the 19 units that are reserved for clients, 14 are one-bedroom units and 5 two-bedroom units. Clients have access to an on-site community center that has a computer room, game room, activity room, laundry facilities, County staff office, and manager’s unit. Other areas include a pool, social plaza, BBQ area, exercise circuit, children’s play areas, and community garden along with other landscaped areas.

The County contracts with Northern Valley Catholic Social Services (NVCSS) to provide Clients with social services such as: Finance/budgeting classes, personal income tax preparation, adult education classes, benefit/entitlement assistance, after-school activities, and health and wellness classes.

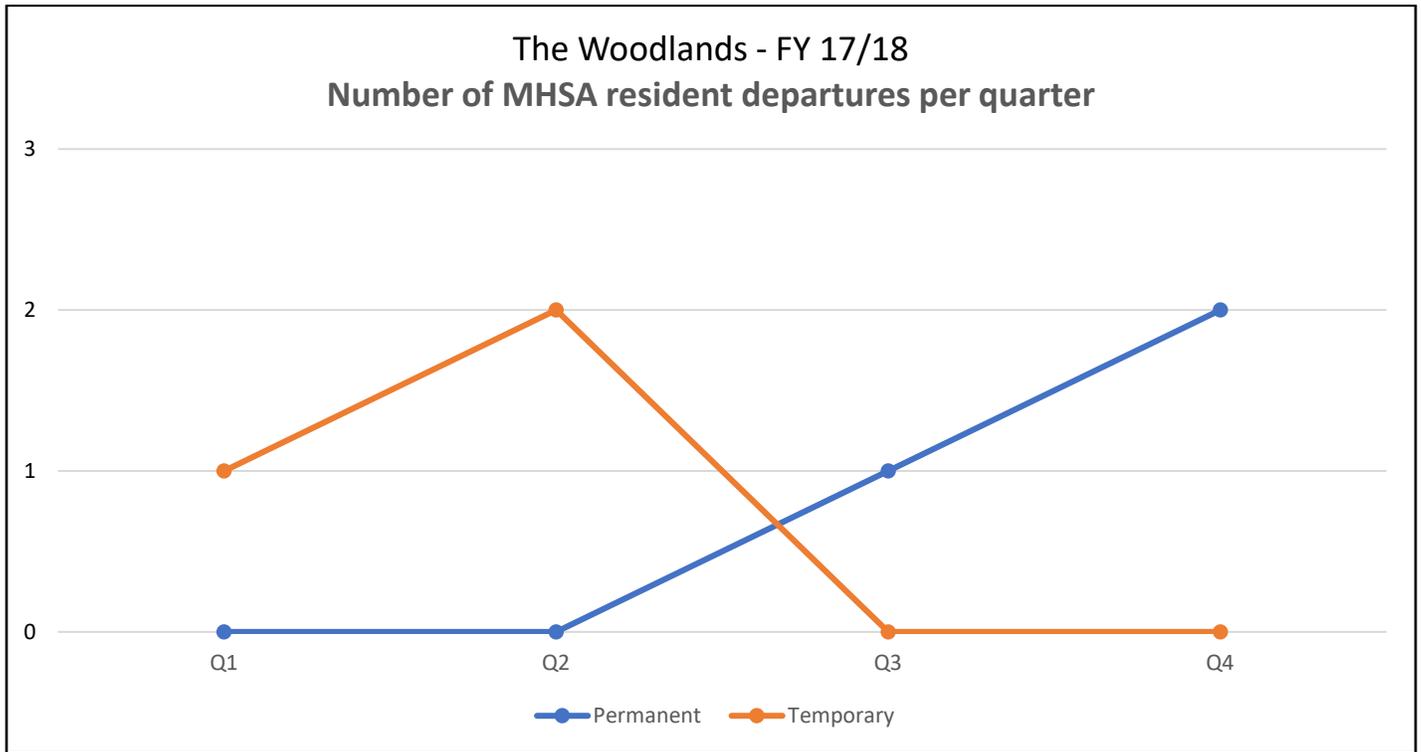
The County also provides clients with supportive services such as: Case management, clinical support, crisis management, medication support, co-occurring treatment, In-Home Support Services, Wellness & Recovery Action Planning (“WRAP”), life skills training, peer support, family support, benefits counseling, Public Guardian, employment readiness and resources, Adult Protect Services, Representative Payee support, vocational services, and after-hours crisis support.

Ongoing social and supportive services are available to help clients maintain housing stability to prevent homelessness and substance abuse among other challenges. A caseworker and peer support specialist are stationed at the Woodlands to assist with these services.

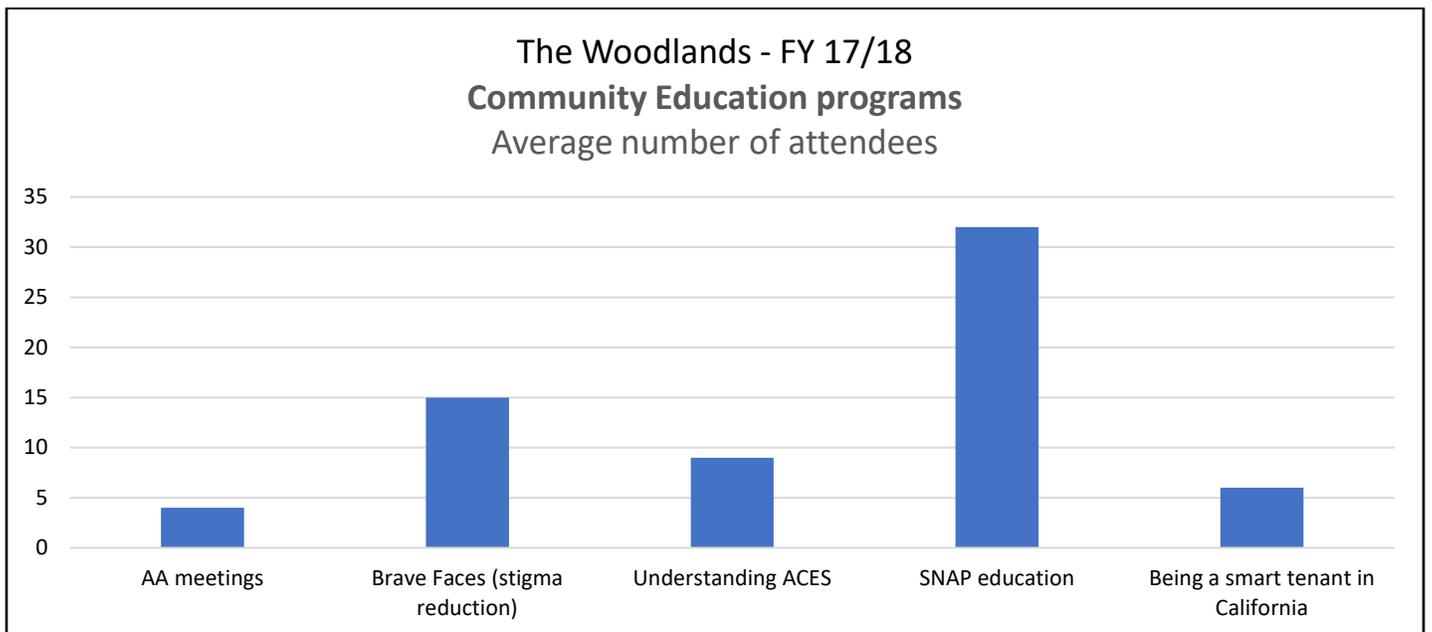
Data on the Woodlands residents, classes, and activities are shown below. To maintain confidentiality, demographic information on residents is not reported on. A chart representing the number of tenants in MHSA units each quarter is shown below.



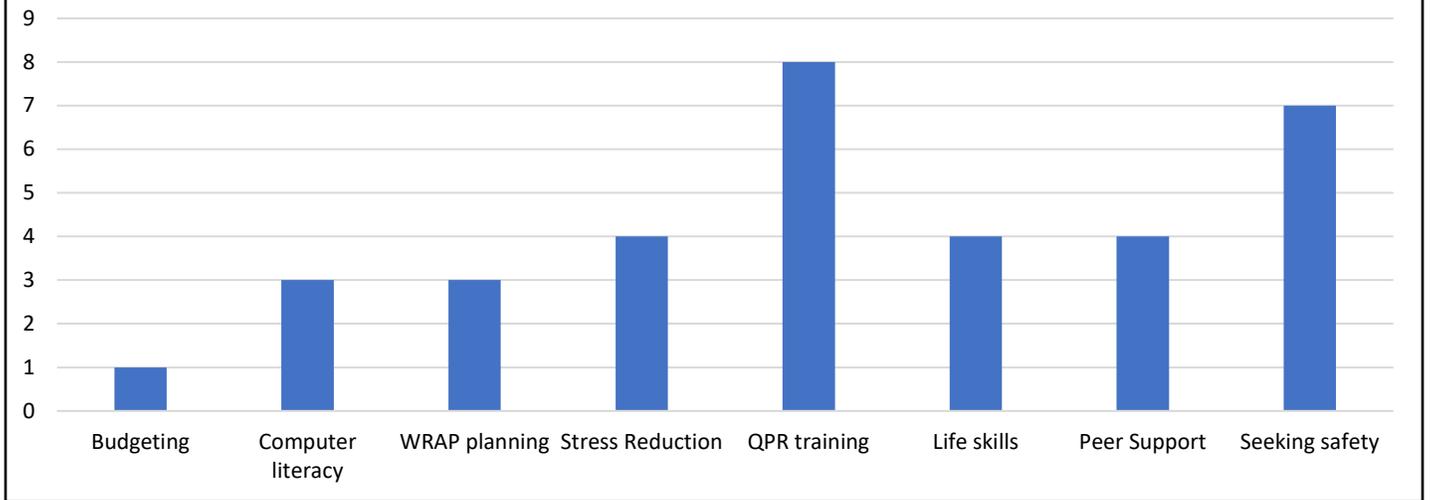
When tenants leave MHSAs units, vacancies are quickly filled by those who are on the MHSAs Permanent Supportive Housing Project waitlist. A line chart of the number of MHSAs residents who left their units each quarter is shown below.



During Fiscal Year 17/18, clients engaged in a number of various social activities, community education programs, and classes to learn skills. It has been a challenge to maintain high participation in the ongoing classes, some of which were offered on a weekly basis (Seeking Safety, Stress Reduction, WRAP classes, Life Skills, and Peer Support). The average number of those who participated in community education programs and classes, based on the available data for FY 17/18, are as follows:



The Woodlands - FY 17/18
Classes and skills
Average number of attendees



MHSA residents have begun to adapt to their new way of life which is supported by the ongoing services they are receiving. The goal of these services is to help build resiliency within themselves and to maintain housing stability. MHSA residents continue to strive towards independence.